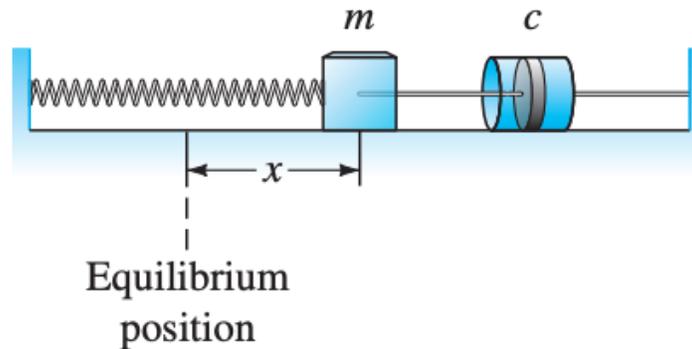


3.4 Mechanical Vibrations

Mass-spring-dashpot system



- Restorative force $F_S = -kx$, where $k > 0$ is **spring constant** (Hooke's law).
- The dashpot provides force $F_R = -cv = -c\frac{dx}{dt}$, where $c > 0$ is **damping constant**.
- **External force** $F_E = F(t)$.
- The total force acting of the mass is $F = F_S + F_R + F_E$.
- Using Newton's law,

$$F = ma = m\frac{d^2x}{dt^2} = mx''$$

we have the following second-order linear differential equation

$$mx'' + cx' + kx = F(t)$$

- If $c = 0$, we call the motion **undamped**. If $c > 0$, we call the motion **damped**.
- If $F(t) = 0$, we call the motion **free**. If $F(t) \neq 0$, we call the motion **forced**.

🧐 **An important note before we start analyzing the general cases:**

Rather than memorizing the various formulas given in the discussion below, it is better to practice a particular case to set up the differential equation and then solve it directly.

1. Free Undamped Motion ($c = 0$ and $F(t) = 0$)

Our general differential equation takes the simpler form

$$mx'' + kx = 0 \Rightarrow x'' + \left(\sqrt{\frac{k}{m}}\right)^2 x = 0$$

- It is convenient to define

$$\omega_0 = \sqrt{\frac{k}{m}}$$

- Then we can rewrite our equation in the form

$$x'' + \omega_0^2 x = 0$$

- Then the characteristic equation is

$$r^2 + \omega_0^2 = 0 \Rightarrow r^2 = -\omega_0^2 \Rightarrow r = \pm \omega_0 i \text{ (complex conjugate)}$$

- The general solution of this equation is

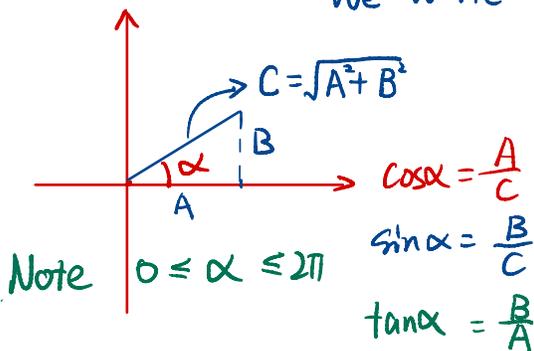
$$x(t) = A \cos \omega_0 t + B \sin \omega_0 t$$

We write $x(t) = C \left(\frac{A}{C} \cos \omega_0 t + \frac{B}{C} \sin \omega_0 t \right)$

$$= C (\cos \alpha \cos \omega_0 t + \sin \alpha \sin \omega_0 t)$$

Recall $\cos(a-b) = \cos a \cos b + \sin a \sin b$

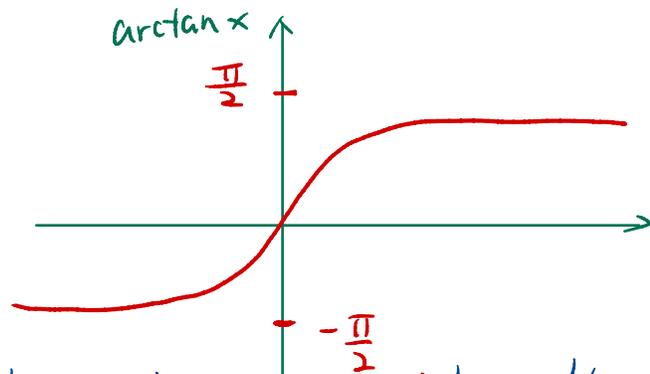
Then $x(t) = C \cos(\omega_0 t - \alpha)$



- Question 1. What is the values of C ?

$$C = \sqrt{A^2 + B^2}$$

- Question 2: What is the angle α ?



• Although $\tan \alpha = \frac{B}{A}$, the angle α is not given by the principal branch of the inverse tangent function, which gives value only in $(-\frac{\pi}{2}, \frac{\pi}{2})$.

• Instead, α is the angle between 0 and 2π such that $\sin \alpha = \frac{B}{C}$, $\cos \alpha = \frac{A}{C}$, where either A or B or both

may be negative.

- Thus

$$\alpha = \begin{cases} \tan^{-1}(B/A) & \text{if } A > 0, B > 0 \text{ (first quadrant)} \\ \pi + \tan^{-1}(B/A) & \text{if } A < 0 \text{ (second or third quadrant)} \\ 2\pi + \tan^{-1}(B/A) & \text{if } A > 0, B < 0 \text{ (fourth quadrant)} \end{cases} \quad (1)$$

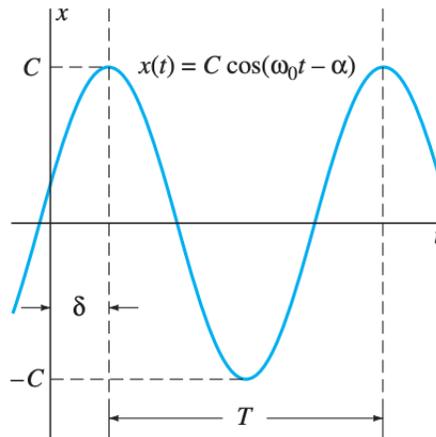
where $\tan^{-1}(\frac{b}{a})$ is the angle in $(-\frac{\pi}{2}, \frac{\pi}{2})$ given by a calculator or computer.

- So we have

$$x(t) = C \cos(\omega_0 t - \alpha)$$

where ω , C and α are obtained as above.

- We call such motion **simple harmonic motion**. A typical graph of such motion is as



- To summarize, it has

Name	Symbol	Quick note
Amplitude	C	$C = \sqrt{A^2 + B^2}$, where $x(t) = A \cos \omega_0 t + B \sin \omega_0 t$ is the solution for the equation $x'' + \omega_0^2 x = 0$.
Circular frequency	ω_0	$\omega_0 = \sqrt{\frac{k}{m}}$
Phase angle	α	Obtained by formula (1) above
Period	$T = \frac{2\pi}{\omega_0}$	Time required for the system to complete one full oscillation
Frequency	$\nu = \frac{1}{T} = \frac{\omega_0}{2\pi}$ (In Hz)	It measures the number of complete cycles per second.

Example 1

$$m \ddot{x} + c \dot{x} + kx = F(t)$$

- A body with mass $m = 0.5$ kilogram (kg) is attached to the end of a spring that is stretched 2 meters (m) by a force of 100 newtons (N).
- It is set in motion with initial position $x_0 = 1$ (m) and initial velocity $v = -5$ (m/s). (Note that these initial conditions indicate that the body is displaced to the right and is moving to the left at time $t = 0$.)
- Find the position function of the body in the form $C \cos(\omega_0 t - \alpha)$ as well as the amplitude, frequency and period of its motion.

ANS: Since $F_s = 100 = k \cdot 2 \Rightarrow k = 50 \text{ N/m}$

Then we have

$$0.5 \ddot{x} + 50x = 0$$

$$\Rightarrow \ddot{x} + 100x = 0 \quad (\ddot{x} + \omega_0^2 x = 0)$$

From our previous discussion, we have

$$\omega_0^2 = 100 \Rightarrow \omega_0 = 10 \text{ rad/s.}$$

Thus it will oscillate with period $T = \frac{2\pi}{\omega_0} = \frac{\pi}{5}$.

with frequency $\nu = \frac{1}{T} = \frac{5}{\pi} \approx 1.5915 \text{ Hz.}$

The char. eq $r^2 + 100 = 0 \Rightarrow r = \pm 10i$.

Thus we have $x(t) = A \cos 10t + B \sin 10t$. where A and B are constants.

As $x(0) = 1$, $A = 1$. $x'(t) = -10A \sin 10t + 10B \cos 10t$

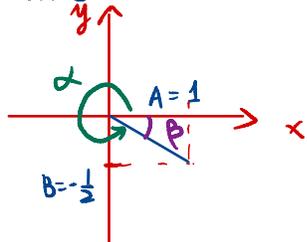
$x'(0) = 10B = -5$, $\Rightarrow B = -\frac{1}{2}$.

Then $x(t) = \cos 10t - \frac{1}{2} \sin 10t$

The amplitude of the motion is $C = \sqrt{A^2 + B^2} = \sqrt{1 + \frac{1}{4}} = \frac{\sqrt{5}}{2} \text{ m.}$

Thus we have

$$x(t) = \frac{1}{2} \sqrt{5} \left(\frac{2}{\sqrt{5}} \cos 10t - \frac{1}{\sqrt{5}} \sin 10t \right)$$



By the graph, we have
assume $0 \leq \beta \leq \frac{\pi}{2}$

$$\alpha = 2\pi - \beta = 2\pi - \tan^{-1} \frac{\frac{1}{2}}{1} = 2\pi - \tan^{-1} \frac{1}{2}$$

$$\approx 5.8195 \text{ rad.}$$

$$\alpha = \begin{cases} \tan^{-1}(B/A) & \text{if } A > 0, B > 0 \text{ (first quadrant)} \\ \pi + \tan^{-1}(B/A) & \text{if } A < 0 \text{ (second or third quadrant)} \\ \underline{2\pi + \tan^{-1}(B/A)} & \text{if } A > 0, B < 0 \text{ (fourth quadrant)} \end{cases}$$

We can also use formula 1 with $A=1 > 0$, $B=-\frac{1}{2} < 0$

$$\begin{aligned} \alpha &= 2\pi + \tan^{-1} \frac{B}{A} \\ &= 2\pi + \tan^{-1} \frac{-\frac{1}{2}}{1} \\ &= 2\pi + \tan^{-1} \left(-\frac{1}{2}\right) \\ &\approx 5.8195 \text{ rad} \end{aligned}$$

Thus $x(t) = \frac{\sqrt{5}}{2} \cos(10t - 5.8195)$

2. Free Damped Motion ($c > 0$ and $F(t) = 0$)

In this case, we consider

$$mx'' + cx' + kx = 0$$

Let $\omega_0 = \sqrt{k/m}$ and $p = \frac{c}{2m} > 0$. We have

$$x'' + 2px' + \omega_0^2 x = 0$$

The characteristic equation

$$r^2 + 2pr + \omega_0^2 = 0$$

has roots

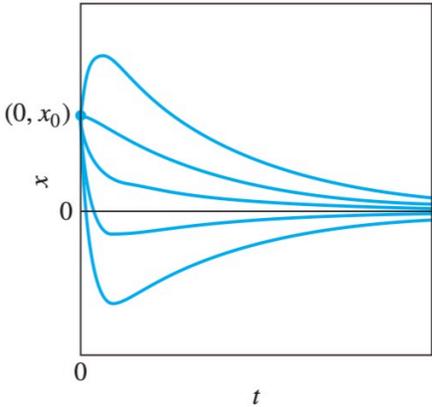
$$r_1, r_2 = -p \pm \sqrt{p^2 - \omega_0^2} \tag{2}$$

Note

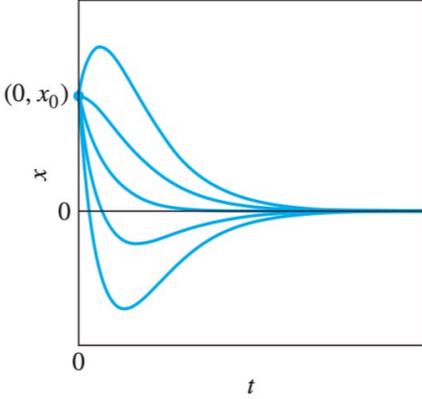
$$p^2 - \omega_0^2 = \frac{c^2 - 4km}{4m^2}$$

We have the following three cases.

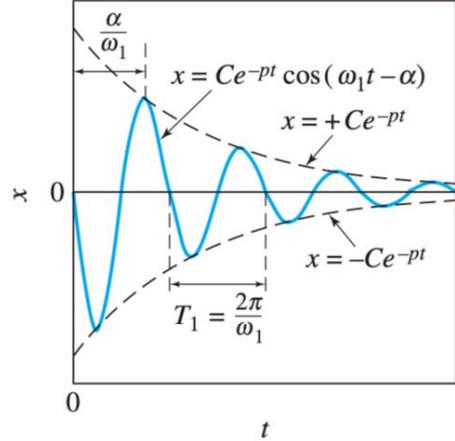
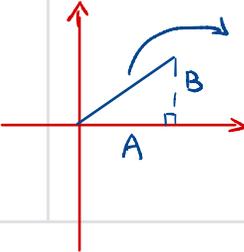
Case 1. Overdamped ($c^2 > 4km$, two distinct real roots)

Figure	Analysis
 <p>FIGURE 3.4.7. Overdamped motion: $x(t) = c_1 e^{r_1 t} + c_2 e^{r_2 t}$ with $r_1 < 0$ and $r_2 < 0$. Solution curves are graphed with the same initial position x_0 and different initial velocities.</p>	<p>Eq(3) gives two distinct real roots r_1 and r_2 (both < 0). The position function</p> $x(t) = c_1 e^{r_1 t} + c_2 e^{r_2 t}$ <p>Note</p> $\lim_{t \rightarrow \infty} x(t) = 0$ <p>(The object will go to the equilibrium position without any oscillations.)</p>

Case 2. Critically damped ($c^2 = 4km$, repeated real roots)

Figure	Analysis
 <p>FIGURE 3.4.8. Critically damped motion: $x(t) = (c_1 + c_2t)e^{-pt}$ with $p > 0$. Solution curves are graphed with the same initial position x_0 and different initial velocities.</p>	<p>Eq(3) has roots $r_1 = r_2 = -p$. The general solution for the position function.</p> $x(t) = e^{-pt}(c_1 + c_2t)$ <p>and</p> $\lim_{t \rightarrow \infty} x(t) = 0$ <p>The resistance of the dashpot is just enough to damp out any oscillations.</p>

Case 3. Underdamped ($c^2 < 4km$, two complex roots)

Figure	Analysis
 <p>FIGURE 3.4.9. Underdamped oscillations: $x(t) = Ce^{-pt} \cos(\omega_1 t - \alpha)$.</p>	<p>Eq(3) has roots $r_{1,2} = -p \pm i\sqrt{\omega_0^2 - p^2} = -p \pm \omega_1 t$, where $\omega_1 = \sqrt{\omega_0^2 - p^2}$</p> <p>The general solution for the position function</p> $x(t) = e^{-pt} (A \cos \omega_1 t + B \sin \omega_1 t)$ <div style="text-align: center;">  $C = \sqrt{A^2 + B^2}$ $x(t) = e^{-pt} C \left(\frac{A}{C} \cos \omega_1 t + \frac{B}{C} \sin \omega_1 t \right)$ $= C e^{-pt} (\cos \alpha \cos \omega_1 t + \sin \alpha \sin \omega_1 t)$ $\Rightarrow x(t) = C e^{-pt} \cos(\omega_1 t - \alpha)$ </div>

Example 2 Suppose that the mass in a mass-spring-dashpot system with $m = 6$, $c = 7$, and $k = 2$ is set in motion with $x(0) = 0$ and $x'(0) = 2$.

(a) Find the position function $x(t)$.

(b) Find how far the mass moves to the right before starting back toward the origin.

ANS: We have $6x'' + 7x' + 2x = 0$, $x(0) = 0$, $x'(0) = 2$.

The char. eqn $6r^2 + 7r + 2 = 0$.

$$\Rightarrow r_{1,2} = \frac{-7 \pm \sqrt{49 - 48}}{12} = \frac{-7 \pm 1}{12} = -\frac{2}{3}, -\frac{1}{2}$$

Thus $x(t) = C_1 e^{-\frac{2}{3}t} + C_2 e^{-\frac{1}{2}t}$

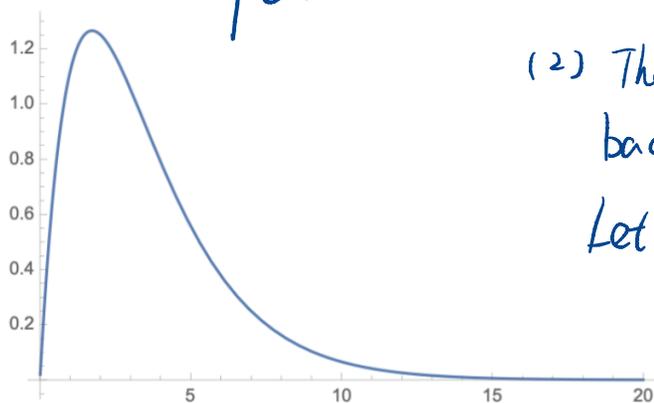
$$x(0) = 0, \quad C_1 + C_2 = 0$$

Since $x'(0) = 2$, $x'(t) = -\frac{2}{3}C_1 e^{-\frac{2}{3}t} - \frac{1}{2}C_2 e^{-\frac{1}{2}t}$

$$x'(0) = -\frac{2}{3}C_1 - \frac{1}{2}C_2 = 2$$

$$\Rightarrow \begin{cases} C_1 = -12 \\ C_2 = 12 \end{cases}$$

$$\text{Thus } x(t) = -12e^{-\frac{2}{3}t} + 12e^{-\frac{1}{2}t}$$



(2) The mass starts to move back when $x'(t) = 0$.

$$\text{Let } x'(t) = 8e^{-\frac{2}{3}t} - 6e^{-\frac{1}{2}t} = 0$$

$$\Rightarrow t = 6 \ln \frac{4}{3} \approx 1.72609 \text{ s.}$$

Thus we have

$$x\left(6 \ln \frac{4}{3}\right) = \frac{81}{64} \approx 1.26563 \text{ m}$$

Example 3 In the following problems (a) and (b), a mass m is attached to both a spring (with given spring constant k) and a dash-pot (with given damping constant c). The mass is set in motion with initial position x_0 and initial velocity v_0 .

- (1) Find the position function $x(t)$ and determine whether the motion is *overdamped*, *critically damped*, or *underdamped*. If it is underdamped, write the position function in the form $x(t) = C_1 e^{-\beta t} \cos(\omega_1 t - \alpha_1)$.
- (2) Find the undamped position function $u(t) = C_0 \cos(\omega_0 t - \alpha_0)$ that would result if the mass on the spring were set in motion with the same initial position and velocity, but with the dashpot disconnected (so $c = 0$).
- (3) Construct a figure that illustrates the effect of damping by comparing the graphs of $x(t)$ and $u(t)$.

(a) $m = 1, c = 4, k = 3; x_0 = 2, v_0 = 0$

ANS: (1) With damping.

$$x'' + 4x' + 3x = 0, \quad x(0) = 2, \quad x'(0) = 0.$$

$$\Rightarrow r^2 + 4r + 3 = (r+1)(r+3) = 0$$

$$\Rightarrow r_1 = -1, \quad r_2 = -3.$$

$$\text{Thus } x(t) = c_1 e^{-t} + c_2 e^{-3t}$$

$$\text{As } x(0) = 2, \quad \underline{c_1 + c_2 = 2}$$

$$\text{As } x'(0) = 0, \quad x'(t) = -c_1 e^{-t} - 3c_2 e^{-3t}$$

$$\underline{x'(0) = -c_1 - 3c_2 = 0}$$

$$\Rightarrow \begin{cases} c_1 + c_2 = 2 \\ -c_1 - 3c_2 = 0 \end{cases} \Rightarrow \begin{cases} c_1 = 3 \\ c_2 = -1 \end{cases}$$

Since we have
two real solutions
↓ $r_1 \neq r_2$

Thus $x(t) = 3e^{-t} - e^{-3t}$, which describes **overdamped motion**

(2) Without damping ($C=0$)

We have $x''+3x=0$.

The char. eqn is $r^2+3=0 \Rightarrow r = \pm\sqrt{3}i$.

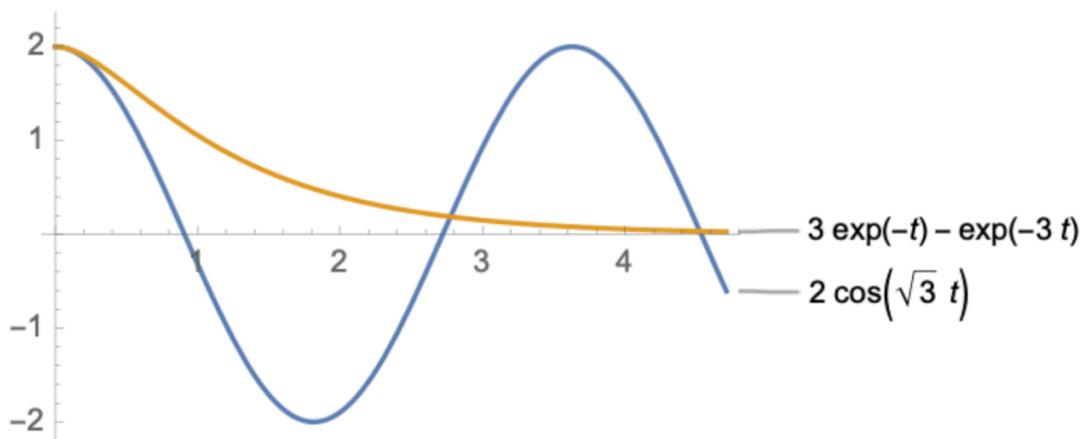
Thus $x(t) = A \cos\sqrt{3}t + B \sin\sqrt{3}t$.

$x'(t) = -\sqrt{3}A \sin\sqrt{3}t + \sqrt{3}B \cos\sqrt{3}t$.

$$x(0)=2, \quad A=2$$

$$x'(0)=0, \quad \sqrt{3}B=0, \quad \Rightarrow B=0$$

Thus $x(t) = 2 \cos\sqrt{3}t \rightarrow$ Note this solution is already in the form $C_0 \cos(\omega_0 t - \alpha_0)$



(b) $m = 1, c = 2, k = 10; x_0 = 2, v_0 = 4$

Ans: (1) With damping $c = 2$.

We have

$$x'' + 2x' + 10x = 0, \quad x(0) = 2, \quad x'(0) = 4.$$

The char. eqn is

$$r^2 + 2r + 10 = 0$$

$$\Rightarrow r_{1,2} = \frac{-2 \pm \sqrt{4 - 40}}{2} = -1 \pm 3i.$$

Thus $x(t) = e^{-t} (A \cos 3t + B \sin 3t)$

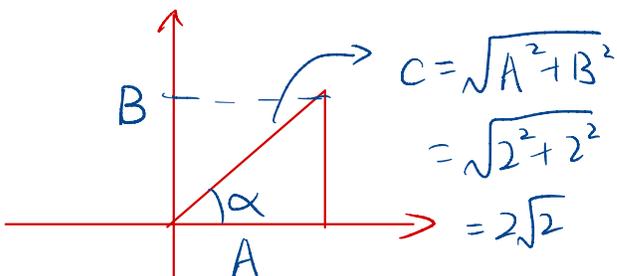
As $x(0) = 2$, $A = 2$.

$$x'(t) = -e^{-t} (A \cos 3t + B \sin 3t) + e^{-t} (-3A \sin 3t + 3B \cos 3t)$$

As $x'(0) = 4$, $-A + 3B = 4 \Rightarrow B = 2$.

So $x(t) = e^{-t} (2 \overset{A}{\cos} 3t + 2 \overset{B}{\sin} 3t)$ **underdamped**

since the char. eqn has complex conjugates solutions.



$$x(t) = 2\sqrt{2} e^{-t} \cos \left(3t - \frac{\pi}{4} \right)$$

$$\tan \alpha = \frac{2}{2} = 1$$

Notice α is in the 1st quadrant, $\alpha = \frac{\pi}{4}$

(2) Without damping ($c = 0$).

We have

$$x'' + 10x = 0, \quad x(0) = 2, \quad x'(0) = 4$$

$$\Rightarrow r^2 + 10 = 0 \Rightarrow r = \pm \sqrt{10}i$$

Then $x(t) = A \cos \sqrt{10}t + B \sin \sqrt{10}t$.

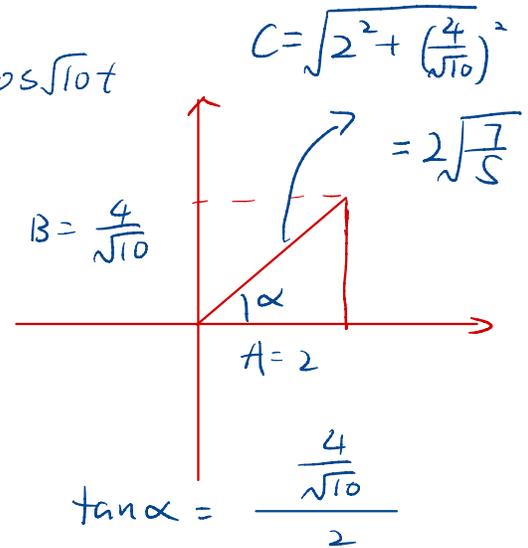
As $x(0) = 2, \quad A = 2$

As $x'(0) = 4, \quad x'(t) = -\sqrt{10}A \sin \sqrt{10}t + \sqrt{10}B \cos \sqrt{10}t$

Thus $\sqrt{10}B = 4 \Rightarrow B = \frac{4}{\sqrt{10}}$

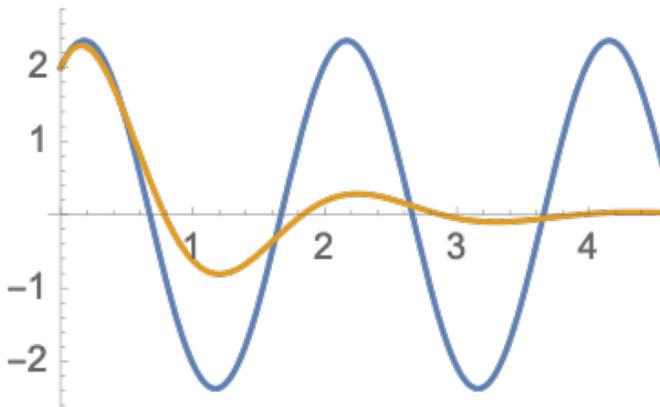
So $x(t) = \underset{\substack{\uparrow \\ A}}{2} \cos \sqrt{10}t + \frac{4}{\sqrt{10}} \underset{\substack{\uparrow \\ B}}{\sin \sqrt{10}t}$

Thus $x(t) = 2\sqrt{\frac{7}{5}} \cos(\sqrt{10}t - 0.569)$



$$= \frac{2}{\sqrt{10}}$$

$$\alpha \approx 0.5639$$



$$\exp(-t)(2 \cos(3t) + 2 \sin(3t))$$

$$2 \cos(\sqrt{10}t) + \frac{4 \sin(\sqrt{10}t)}{\sqrt{10}}$$